



This newsletter contains information compiled by the AGR Office that is of general interest to all Active Guard Reserve (AGR) soldiers. The information contained herein is derived from such sources as the National Guard Bureau (NGB), Military Personnel Office (MILPO), Military Pay Office (MILPAY), and Human Resources Office (HRO) as it pertains to full-time National Guard employment.

### WELCOME ABOARD

This office welcomes these new soldiers into the AZ AGR Program, they are all currently assigned with the new 91<sup>st</sup> Civil Support Team aka the Weapons of Mass Destruction:

MAJ Alberto Gonzalez eff 1 Jun 00  
CPT Brian Murphy eff 7 Jun 00  
1LT Steve Poteat eff 7 Jun 00  
SGT Kevin Carpenter eff 19 Jun 00  
SGT Stephen Campbell eff 25 Jun 00  
SPC Kristy Dryja eff 25 Jun 00

SGT Toni Walsh eff 12 Jun 00, Det 4 STARC

Please welcome these new AGR soldiers into our work force.

### FAREWELLS AND WELL WISHES

#### RETIREMENTS

##### AUG

CW5 Larry Cox, HQ STARC  
ret 31 Aug 00

CW4 Horace (Leroy) Brown, WAATS  
ret 31 Aug 00

CW4 Charles Mahoney, WAATS  
ret 31 Aug 00

MSG Don Miller, HQ STARC (-)  
ret 31 Aug 00

SSG Frederic Rasmussen, Svc Btry  
1/180<sup>th</sup> ret 31 Aug 00

CW4 George Pantelis, HHC 1/285<sup>th</sup>  
Avn Bn, ret 30 Sep 00

SFC Michel Mahlberg, Det 4 STARC  
ret 30 Sep 00

SSG Jeffrey McCollum, B Btry 2/180<sup>th</sup>  
FA ret 30 Sep 00

SGT Robert Moreno, NADA, ret 30  
Sep 00

#### RESIGNATIONS

WOC Louis Burge, WAATS, resigned  
eff 6 Jul 00

SSG John Semancik, Det 4 STARC,  
resigned eff 21 Sep 00

### TRICARE BRIEFING

There will be a TRICARE Briefing on Wed July 5<sup>th</sup> at 1300 hours in Russell Auditorium. Spouses are encouraged to attend if possible. If you are planning on attending please call or email SSG Angelo ASAP so she can get a headcount

### LEAVE AND EARNING STATEMENT UPDATE

June's EOM LESs are in and will be forwarded to the PACs ASAP.

### DCSPER DIRECTORATE OF HRO UNIFORM POLICY

#### FREQUENTLY ASKED QUESTIONS:

**Can soldiers wear beepers or pagers on the uniform?**

Soldiers may wear beepers or pagers in the performance of official duties. Wear of pagers for any other reason is left up to the discretion of the commander. If a beeper or pager is worn, soldiers should place them in an inconspicuous place on the uniform, such as the waistband of the slacks near a pocket, or inside a pocket. Cell phones are not authorized for wear on the uniform.

**Can soldiers wear backpacks or other similar bags over the shoulder while in uniform?**

Yes. While in uniform, personnel are authorized to carry backpacks, commercial rucksacks, and gym bags by carrying them over one shoulder. While riding a bicycle or motorcycle, soldiers may wear the bag over both shoulders (for safety purposes). Upon dismounting, however, soldiers will comply with the normal carry policy (one shoulder). Bags must be black all over no logos or seals.

**Can females wear "corn rows" and "braids" while in Army uniforms?**

It is HQDA's position that "corn rows" and "braids" are acceptable female hairstyles. The history and use of "corn rows" and "braids" preclude these hairstyles from being determined or classified as fads. All female hairstyles will conform with paragraph 1-8a (3).

**Can males cut a line or part into the hair although AR 670-1 paragraph 1-8a (1) reads: "Lines or designs will not be cut into the hair or scalp"?**

This does not prohibit a soldier from cutting a line (part) in his hair. Certain ethnic groups have a texture of hair that requires its members to cut a part into the hair. If a part is cut into the hair, it will be one straight line, not slanted or curved, and will fall in the area where the hair would normally be parted.

### What is the maximum length that soldiers can wear their fingernails?

There is no maximum established length. However, fingernail length must conform with following standard: All personnel will keep their fingernails clean and neatly trimmed so as not to interfere with performance of duty, subtract from the military image, or present a safety hazard (AR 670-1, para 1-8c).

### CONDITIONAL PROMOTIONS TO SSG AND SFC AGR SOLDIERS

Ref All States Log Number P00-0037) Conditional Promotions for AGR Soldiers. Effective immediately, State Adjutants General, and the Director, Army National Guard for Title 10 personnel, may promote soldiers to SSG or SFC conditioned upon successful completion of Phase I of their BNOC or ANOC or, if they are in the resident course at their service school, at the end of the second week of the course. On 1 October 2000, Phase I will be separate in all schools throughout TASS, including the resident courses at active Army schools. Date of rank and effective date for soldiers who meet the conditions for these conditional programs will be not earlier than 23 May 2000, including soldiers in resident courses when the policy was approved. For soldiers **with** a separate Phase I, DOR and effective date will be the day after completion of Phase I. For soldiers **without** a separate Phase I, DOR and effective date will be the day after the second academic week. For example, the soldier reports on Sunday 5 June, to Ft Jackson and starts the course on Monday, 6 June. The state should publish the promotion order with DOR and effective date the second following Saturday, 18 June. This information will be included in a forthcoming change to NGR 600-200. If you would like more information on the All States Letter, come by or call the AGR office.

### TRICARE HEALTHCARE INFORMATION

TRICARE reminds you to add "Make sure health care continues" to your

family's checklist as you in and out-process for a permanent change of station (PCS).

To help ensure a smooth TRICARE Prime transition for you and your family, make sure you stop by the local TRICARE Service or Customer Assistance Center (TSC/TCAC). The staff is ready to help properly transfer your family's Prime enrollment so you have continued health care coverage.

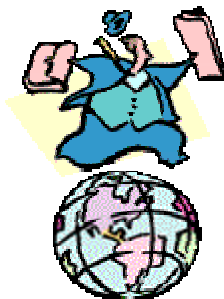
Here's what to do to continue your Prime coverage.

#### Before Leaving

1. Visit the local TSC/TCAC to make sure Prime is available in the area to which you are relocating.
2. If you are moving to an area where Prime is available, stay enrolled in Prime.
3. While you are traveling to your new duty station you will be covered under TRICARE Prime's out-of-area care guidelines.
4. Complete any routine care (e.g. immunizations).

#### After Arriving

1. Visit the local TSC/TCAC as soon as possible.
2. Complete your enrollment transfer in the new area.
3. Select (or be assigned to) a new primary care manager.



### CASUAL DAY 2000

Thanks to over 135 participants in Casual Day 2000 on Friday the 23<sup>rd</sup> of June, the AZ Army National Guard employees at the Papago Military Reservation raised \$1309.00 for United Cerebral Palsy (UCP). All funds raised from Casual Day 2000 will help UCP achieve its mission to aid those people with cerebral palsy and other disabilities. A special thanks to those people without whom it would not have been possible:

SFC Karen Kennedy, Moreland Street Armory

SFC Pam Carlson, Det 4 STARC

SSG Bella Hudspeth and SPC Rosanna Carbajal, Aviation

SPC Elizabeth Duran, USPFO, AGR Pay Section

SPC Juli Bolson, DCSPER, HQ Bldg Lower Level

Mr Bob Franklin, DEMA, HQ Bldg, Upper level

Mrs Pat Vascellaro, USPFO Administrative Assistant



**MANY HEART FELT THANKS !!!!!**

### 2000 National Guard Almanac

USAA is providing a free copy of the 2000 National Guard Almanac. It is the essential guide for all military personnel and is available by calling USAA toll-free at 1-877-289-1224.

## AGR HANDBOOK

If you are new to the AGR program or been around a while there is a lot of valuable information in the AGR Handbook, and it is available by email or it can be downloaded from the HRO website at <http://www.azng.com/hro>

## PT CALCULATOR

SSG James Aaron, JCNTF, emailed this office a website that has a handy PT calculator courtesy of the Army Times.

<http://206.181.245.165/cgi-bin/ptcalculator.pl>



## AGR OFFICE PHONE LISTING

Our office symbol is AZAA-HR-A

Rank	Name	Title	Ext
SSG	Angelo, Lisa	Benefits Coord	2453
SFC	Carlson, Judy K.	AGR Staffing	2948
Msgt	Klinger, Barbara	Air AGR Mgr	2430
LTC	Palmatier, Richard	AGR Mgr	2485

## HAPPY 4<sup>TH</sup> OF JULY

Have you ever wondered what happened to the 56 men who signed the Declaration of Independence?

Five signers were captured by the British as traitors, and tortured before they died. Twelve had their homes ransacked and burned. Two lost their sons serving in the Revolutionary Army; Another had two sons captured. Nine of the 56 fought and died from wounds or hardships of the Revolutionary War. They signed and they pledged their lives, their fortunes, and their sacred honor.

What kind of men were they? Twenty-four were lawyers and jurists. Eleven were merchants, nine were farmers and large plantation owners; Men of means, well educated. But they signed the Declaration of Independence knowing full well that the penalty would be death if they were captured. Carter Braxton of Virginia, a wealthy planter and trader, saw his ships swept from the seas by the British Navy. He sold his home and properties to pay his debts, and died in rags. Thomas McKeam was so hounded by the British that he was forced to move his family almost constantly. He served in the Congress without pay, and his family was kept in hiding. His possessions were taken from him, and poverty was his reward. Vandals or soldiers looted the properties of Dillery, Hall, Clymer, Walton, Gwinnett, Heyward, Rutledge, and Middleton. At the battle of Yorktown, Thomas Nelson, Jr., noted that the British General Cornwallis had taken over the Nelson home for his headquarters. He quietly urged General George Washington to open fire. The home was destroyed, and Nelson died bankrupt.

Francis Lewis had his home and properties destroyed. The enemy jailed his wife, and she died within a few months.

John Hart was driven from his wife's bedside as she was dying. Their 13 children fled for their lives. His fields and his gristmill were laid to waste. For more than a year he lived in forests and caves, returning home to find his wife dead and his children vanished. A few weeks later he died from exhaustion and a broken heart.

Norris and Livingston suffered similar fates. Such were the stories and sacrifices of the American Revolution. These were not wild-eyed, rabble-rousing ruffians. They were soft-spoken men of means and education. They had security, but they valued liberty more. Standing tall, straight, and unwavering, they pledged: "For the support of this declaration, with firm reliance on the protection of the divine providence, we mutually pledge to each other, our lives, our fortunes, and our sacred honor." They gave you and me a free and independent America. The history books never told you a lot about what happened in the Revolutionary War. We didn't fight just the British. We were British subjects at that time and we fought our own government! Some of us take these liberties so much for granted, but we shouldn't. So, take a few minutes while enjoying your 4th of July holiday and silently thank these patriots. It's not much to ask for the price they paid.



**WISHING ALL OF YOU A  
SAFE AND HAPPY 4<sup>TH</sup> OF  
JULY FROM ALL OF US AT  
HRO!!!!**